

NO PURCHASE IS NECESSARY TO ENTER OR WIN. A PURCHASE DOES NOT INCREASE THE CHANCES OF WINNING.

1. Eligibility: The Motivation Monday Giveaway (the "Campaign") is open only to those who participate via Twitter, and who are at least 18 years old as of the date of entry, and reply to @nutrisystem's tweet with one word to describe their motivation. The Campaign will run from Oct. 5 to Oct. 8, 2020. The Campaign is only open to legal residents of the United States and District of Columbia and is void where prohibited by law. Continental US only. Note: HI, AK, PR, and Canada are not eligible to win. Employees of Nutrisystem[®], Inc. ("Nutrisystem"), its affiliates, subsidiaries, advertising and promotion agencies, and suppliers, (collectively the "Employees"), and immediate family members and/or those living in the same household of Employees are not eligible to participate in the Campaign. The Campaign is subject to all applicable federal, state, and local laws and regulations. Void where prohibited.
2. Agreement to Rules: By participating, the Contestant ("You") agree to be fully unconditionally bound by these Rules, and You represent and warrant that You meet the eligibility requirements. In addition, You agree to accept the decisions of Nutrisystem as final and binding as it relates to the content of this Campaign.
3. Campaign Period: Entries will be accepted online starting on Oct. 5. All online entries must be received by 11:59 pm EST on October 8.
4. How to Enter: The Campaign must be entered by responding to a @nutrisystem tweet on Twitter, as previously outlined. The entry must fulfill all Campaign requirements, as specified, to be eligible to win a prize. Entries that are incomplete or do not adhere to the rules or specifications may be disqualified at the sole discretion of Nutrisystem. You may enter only once. You must provide the information requested. You may not enter more times than indicated by using multiple email addresses, identities, or devices in an attempt to circumvent the rules. If You use fraudulent

methods or otherwise attempt to circumvent the rules, your submission may be removed from eligibility at the sole discretion of Nutrisystem.

5. Prizes: One (1) winner (the “Winner”) will receive a \$50.00 gift card and a \$25.00 gift card. Total Prize Approximate Retail Value (“ARV”): \$75.00. Actual/appraised value may differ at time of prize award. The specifics of the prize shall be solely determined by Nutrisystem. No cash or other prize substitution shall be permitted except at Nutrisystem’s discretion. The prize is nontransferable. Any and all prize-related expenses, including without limitation any and all federal, state, and/or local taxes, shall be the sole responsibility of Winner. No substitution of prize or transfer/assignment of prize to others or request for the cash equivalent by Winner is permitted. Acceptance of prize constitutes permission for Nutrisystem to use Winner’s name, likeness, and entry for purposes of advertising and trade without further compensation unless prohibited by law.

The Visa Gift Cards (the “card”) are issued by Sunrise Banks, N.A. St. Paul, MN 55103, pursuant to a license for Visa U.S.A. Inc. The card is distributed and serviced by Blackhawk Network California, Inc. pursuant to an agreement with Sunrise Banks, N.A. The Visa Gift Card is not redeemable for cash, except as required by law. No cash or ATM access. Not for gambling. Card cannot be used at merchants requiring a manual card imprint. Card cannot be used to make preauthorized or recurring bill payments. The Visa Gift Card is not refundable at retail stores. Additional guidelines may apply. See Cardholder Agreement at www.giftcardmall.com/mygift for terms. 6. Odds: The odds of winning depend on the number of eligible entries received.

7. Winner Selection and Notification: Winner will be selected by random drawing under the supervision of Nutrisystem. Winner will be notified via a Twitter message within three (3) days following selection of Winner. Winner must respond by Monday, Oct. 12 at 8:30 a.m. EST. Nutrisystem shall have no liability for Winner’s failure to receive notices due to spam, junk e-mail, or other security settings or for Winner’s provision of incorrect or otherwise non-functioning contact information. If Winner cannot be

contacted, is ineligible, fails to claim the prize within 3 days from the time award notification was sent, or fails to timely return a completed and executed declaration and release as required, the prize may be forfeited and an alternate Winner selected.

Receipt by Winner of the prize offered in this Campaign is conditioned upon compliance with any and all federal, state, and local laws and regulations. ANY VIOLATION OF THESE OFFICIAL RULES BY WINNER (AT NUTRISYSTEM'S SOLE DISCRETION) WILL RESULT IN WINNER'S DISQUALIFICATION AS WINNER OF THE CAMPAIGN, AND ALL PRIVILEGES AS WINNER WILL BE IMMEDIATELY TERMINATED.

8. Rights Granted by You: By entering this content (e.g., photo, video, text, etc.), You understand and agree that Nutrisystem, anyone acting on behalf of Nutrisystem, and Nutrisystem's licensees, successors, and assigns, shall have the right, where permitted by law, to print, publish, broadcast, distribute, and use in any media now known or hereafter developed, in perpetuity and throughout the World, without limitation, your entry, name, portrait, picture, voice, likeness, image, statements about the Campaign, and biographical information for news, publicity, information, trade, advertising, public relations, and promotional purposes. without any further compensation, notice, review, or consent.

9. Terms & Conditions: Nutrisystem reserves the right, in its sole discretion, to cancel, terminate, modify or suspend the Campaign should virus, bug, non-authorized human intervention, fraud, or other cause beyond Nutrisystem's control corrupt or affect the administration, security, fairness, or proper conduct of the Campaign. In such case, Nutrisystem may select the Winner from all eligible entries received prior to and/or after (if appropriate) the action taken by Nutrisystem. Nutrisystem reserves the right, in its sole discretion, to disqualify any individual who tampers or attempts to tamper with the entry process or the operation of the Campaign or website or violates these Terms & Conditions. Nutrisystem has the right, in its sole discretion, to maintain the integrity of the Campaign, to void votes for any reason, including, but not limited to: multiple entries from the same user from different IP addresses; multiple entries from the same

computer in excess of that allowed by Campaign rules; or the use of bots, macros, scripts, or other technical means for entering. Any attempt by an entrant to deliberately damage any website or undermine the legitimate operation of the Campaign may be a violation of criminal and civil laws. Should such an attempt be made, Nutrisystem reserves the right to seek damages to the fullest extent permitted by law.

10. Limitation of Liability: By entering, You agree to release and hold harmless Nutrisystem and its subsidiaries, affiliates, advertising and promotion agencies, partners, representatives, agents, successors, assigns, employees, officers, and directors from any liability, illness, injury, death, loss, litigation, claim, or damage that may occur, directly or indirectly, whether caused by negligence or not, from: (i) such entrant's participation in the Campaign and/or his/her acceptance, possession, use, or misuse of any prize or any portion thereof; (ii) technical failures of any kind, including but not limited to the malfunction of any computer, cable, network, hardware, or software, or other mechanical equipment; (iii) the unavailability or inaccessibility of any transmissions, telephone, or Internet service; (iv) unauthorized human intervention in any part of the entry process or the Promotion; (v) electronic or human error in the administration of the Promotion or the processing of entries.

11. Disputes: THIS Campaign IS GOVERNED BY THE LAWS OF the United States AND the state of Pennsylvania WITHOUT RESPECT TO CONFLICT OF LAW DOCTRINES. As a condition of participating in this Campaign, participant agrees that any and all disputes that cannot be resolved between the parties, and causes of action arising out of or connected with this Campaign, shall be resolved individually, without resort to any form of class action, exclusively before a court located in Pennsylvania having jurisdiction. Further, in any such dispute, under no circumstances shall participant be permitted to obtain awards for, and hereby waives all rights to, punitive, incidental, or consequential damages, including reasonable attorney's fees, other than participant's actual out-of-pocket expenses (i.e. costs associated with

entering this Campaign). Participant further waives all rights to have damages multiplied or increased.

12. Privacy Policy: Information submitted with an entry is subject to the Privacy Policy stated on the Nutrisystem website. To read the Privacy Policy, [click here](#).

13. Winners List: A list of winners will be posted on leaf.nutrisystem.com on or about Oct. 29, 2020, and will remain posted until Nov. 29, 2020.

To obtain a copy of the Winner's name or a copy of these Official Rules, mail your request along with a stamped, self-addressed envelope to: Nutrisystem 600 W Office Center Dr, Fort Washington, PA 19034, United States. Requests must be received no later than Oct. 29, 2020.

14. Sponsor: The Sponsor of the Campaign is Nutrisystem, Inc. 600 W Office Center Dr, Fort Washington, PA 19034, United States.

15. Facebook: The Campaign hosted by Nutrisystem is in no way sponsored, endorsed, administered by, or associated with Facebook. 16. By participating, You, the Contestant, have affirmatively reviewed, accepted, and agreed to all of the Official Rules.

ABBREVIATED RULES

NO PURCHASE NECESSARY. Campaign open until 11:59 pm EST on Oct. 8, 2020. Open to all legal residents of the 50 United States (including the District of Columbia). Must be at least 18 years of age to enter. Continental US only. HI, AK, PR, and Canada are not eligible to win. Void where prohibited. Total ARV of all prizes is \$75. See Official Rules at leaf.nutrisystem.com. Sponsor: Nutrisystem, Inc.